



Bright Futures Care

May Newsletter



A Message from our CEO



May has been a month defined by resilience and care. From the achievements of our young person to the steady commitment of our teams, this month has shown what Bright Futures is truly about, supporting growth in all its forms.

Behind our achievements is a team that shows up with patience and heart, day after day. I'd also like to warmly welcome Adrian Farrell to the Bright Futures family. As we mark Mental Health Awareness Week this month, I'm reminded that the small, consistent actions our teams take are what truly nurture wellbeing.

Here's to taking action, together!

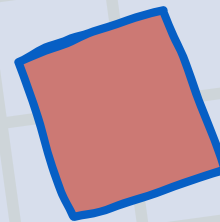


Young Person's Update

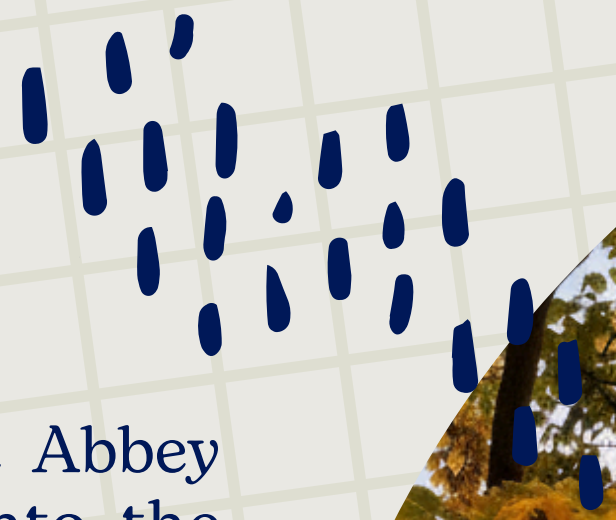
We are incredibly proud of one of our young person, who has started and completed five GCSE exam papers so far. Their determination, particularly their commitment to early morning routines on exam days, has been wonderful to see.

We have also been pleased to support them in building positive contact with their dad, and they have enjoyed spending time with him following their examinations.

They have recently been allocated a new Emotional Wellbeing and Mental Health Practitioner, who will support them through regular sessions.



Abbey Wood House Update



The beginning of May brought some challenges for us at Abbey Wood House as our young person continued to settle into the home and adapt to new routines, relationships, and expectations. As with any transition, this period required patience, consistency, and a therapeutic approach from the team. Despite these early challenges, we remained committed to providing a nurturing and supportive environment, and through the dedication of our staff, we were able to see significant progress throughout the month.

We have focused on strengthening relationships and creating meaningful opportunities for connection and engagement. The home has been filled with laughter and positive energy through regular karaoke nights, competitive games of basketball and badminton in the garden, and many friendly rounds of Connect 4. These activities have helped to build trust, encourage communication, and promote a sense of belonging within the home.

Our community-based activities have also continued to flourish, with bowling trips, shopping outings, and therapeutic sessions through Breezy supporting emotional well-being, confidence, and personal development. These experiences have provided valuable opportunities for reflection, achievement, and positive shared experiences.





Abbey Wood House Update

During the month, we were also pleased to welcome our partner psychotherapist into the home. Their visit included observing staff practice, providing individual feedback and reflective support to team members, and contributing to our monthly team meeting. This collaborative approach continues to strengthen our therapeutic model of care and supports us in developing our practice to better meet the needs of the young people we care for.

We have seen encouraging improvements in educational engagement, alongside increased participation in other important areas of daily life. Positive relationships continue to grow stronger, and there is a genuine sense of warmth and togetherness within the home. The constant aroma of a variety of home-cooked meals often brings everyone together at dinner time, creating opportunities for conversation, connection, and shared experiences.

Whilst challenges remain, our team remains as determined as ever to provide exceptional care and support. We are proud of the progress made throughout May and are looking forward to building on these achievements as we move into June, continuing to promote stability, resilience, and positive outcomes for the young person in our care.

Bright Star of the Month- Erith House

Mercy Osagiede

Mercy has gone the extra mile this month, dedicating her time and energy to supporting our young person with key-work sessions. Her dedication and warmth have had a genuinely positive impact on the young person's wellbeing. Thank you, Mercy, for the care you bring to everything you do.



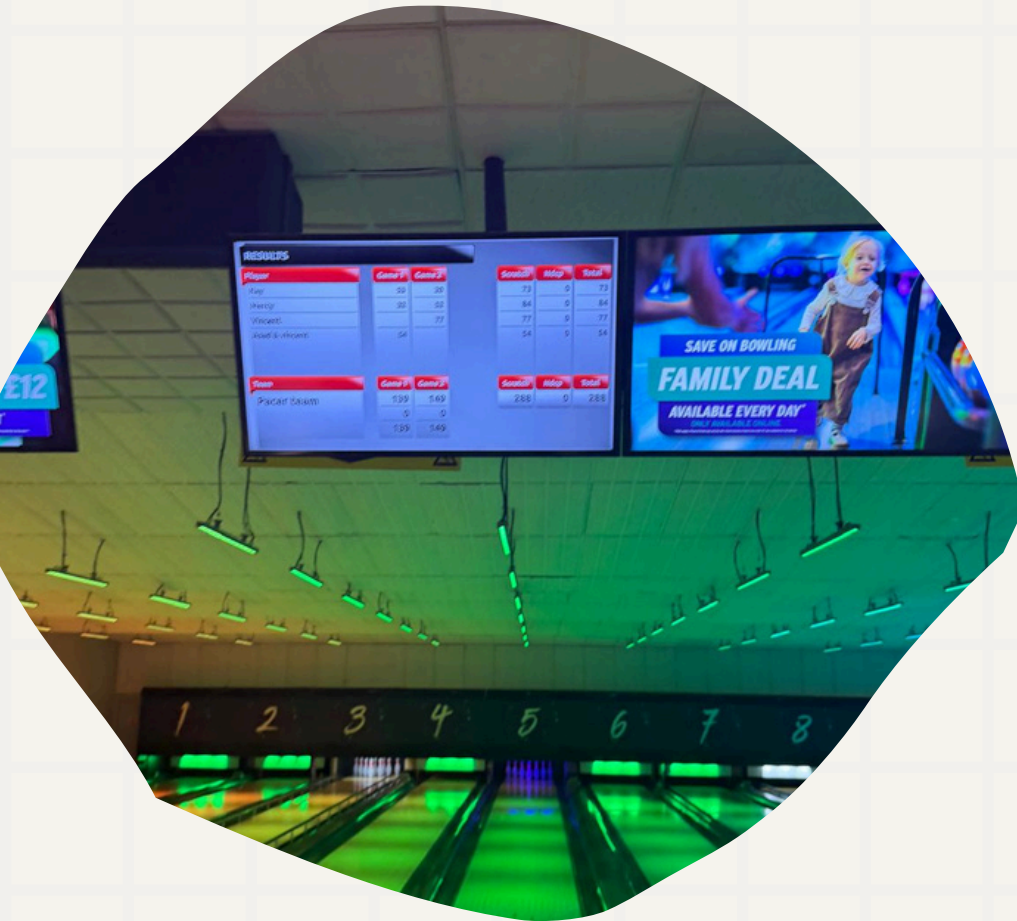
Bright Star of the Month- Abbey Wood House Mercy Osho

Whilst every member of the team continues to demonstrate dedication, commitment, and care in supporting our young person, this month we would like to recognise Mercy for her outstanding contribution.

Mercy consistently went above and beyond in her role, investing time and energy into planning meaningful activities with the young person and helping to create positive experiences within the home. Whether she was preparing home-cooked meals, enthusiastically leading karaoke sessions, or simply taking the time to engage in therapeutic conversations and shared activities, Mercy's warmth, creativity, and commitment were evident throughout the month.

Her ability to build positive relationships, promote engagement, and bring energy and positivity into the home has made a significant difference. Mercy's approach embodies the values of Abbey Wood House, and her efforts have helped create an environment where the young person feels supported, valued, and encouraged to thrive.

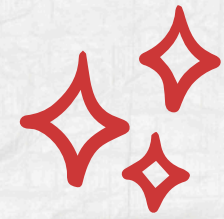
Thank you, Mercy, for your hard work, dedication, and the positive impact you continue to have. Well deserved!



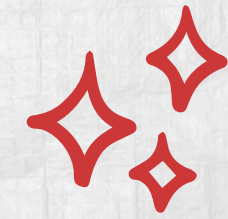


New starter – Adrian Farrell

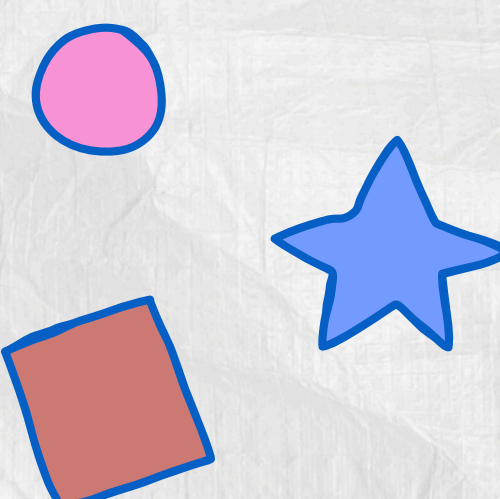
We are delighted to welcome Adrian Farrell as Deputy Manager at Erith House, working alongside Aver. Adrian brings a vast wealth of experience, having worked with children and young people for over 30 years, including within services for looked-after children. We look forward to the positive contribution he will make to the team.



Our Referral Bonus Scheme



Help us build a stronger team and brighter future for children and young people.



Bonuses will be paid via gift vouchers within 7 days of the employee start date or service milestone.

ALL CARE STAFF: £300 initial bonus when the recommended person starts working with us and £300 after their 9 months continued service

MANAGEMENT STAFF: £500 initial bonus when the recommended person starts working with us and £500 after their 9 months continued service.

KNOW SOMEONE GREAT?
Make a referral today and help us create brighter futures together.





Awareness of the Month

This May marked the Mental Health Awareness Week (11–17 May 2026). Run by the Mental Health Foundation, this year's theme is 'Action', encouraging everyone to take practical steps to support good mental health.

For a residential care setting, this sits close to home. Whether it's a key-work session, a listening ear, or the right specialist support, small actions taken every day help build the safe, nurturing environment our young people deserve.

www.bright-futures.care





Your Voice Matters!

We believe that great care is built on great communication – so whether you have a suggestion, a story to share, or an idea that could make a difference, we want to hear from you. Every contribution, big or small, helps us grow as an organisation and better serve the young people in our care.

Thank you for being part of the Bright Futures family. Together, we are building a brighter tomorrow!

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